



Adolescent & Family Support Services Available Today!

About Us

HORIZON HEALTH SERVICES

Providing High Quality, Personalized and Confidential Therapy

Horizon Health Services provides specialty counseling services designed to meet the needs of the Western New York community. Our patients receive personalized, and confidential care from highly trained and experienced clinical experts in the fields of mental health, substance use, and psychiatry.

TO SCHEDULE AN INITIAL APPOINTMENT, PLEASE CALL OUR ADMISSIONS TEAM:

716-831-1800

horizon-health.org

OFFICE

Alden High School

ROOM LOCATION:

Guidance Office

PHONE:

Alden Counseling Center:
716-937-9116 EXT4215

INSURANCES

Accepting most insurances.

Please call our admissions department for further information.



*Our Mission: Together for Recovery.
Changing Lives. Saving Lives.*

716.831.1800
HORIZON-HEALTH.ORG



HORIZON HEALTH OFFERS MENTAL HEALTH AND SUBSTANCE USE TREATMENT FOR ADOLESCENTS, AGES 13 AND OLDER.

Our teleservices allow easy and safe support to all family members from the convenience of your home.

Teleservices For Adolescents and Families Include:

- Mental health counseling
 - Treatment available for anxiety, depression, PTSD, bipolar disorder, mood dysregulation & more
- Substance use counseling
 - Treatment available for the use of alcohol, marijuana, opioids, stimulants & more
- Specialized skill-based treatments
 - Dialectical Behavioral Therapy (DBT)
 - Cognitive Behavioral Therapy (CBT)
 - Motivational Interviewing (MI)
- Codependency Counseling & Support
 - This involves the focus on codependency which involves sacrificing one's personal needs to try to meet the needs of others.
- Individual, group and family sessions
- Psychiatry services
- Family involvement, support & education
- Interventions to increase self-esteem, motivation, and develop skills
- Intervention to increase trust and communication in the family
- Medication Assisted Treatment assessments

